

Aims/Plan

Set the scene; use MEGS slides from ICPC

Define high risk: various definitions, PSA kinetics, molecular markers, interpretation of biopsy tumour volume, biopsy PN invasion

Say that HR outcomes are poor: compare RT versus surgery

Discuss stage migration

Present current surgical outcomes

 Largest series

 Our series- both salvage and HR alone

Technical issues

Present data on adjuvant and neoadjuvant therapy:

 Chemotherapy

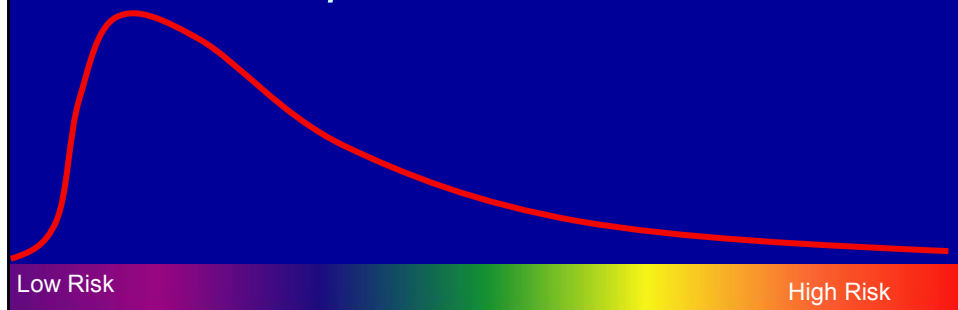
Present data on new approaches.



Surgical Management of High Risk Prostate Cancer

Rod Studd
Uro-Oncology Fellow

Prostate Cancer, *a spectrum of disease*



NNT: 50-100

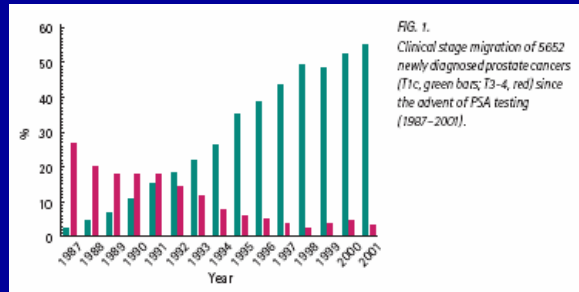
Many men die of their disease despite treatment...

Current treatment paradigm....

Surrogate PSA screening

Identification of a large number of *low risk* cases

And a smaller number of *high risk* cases



Ward et al, BJU Int 2005

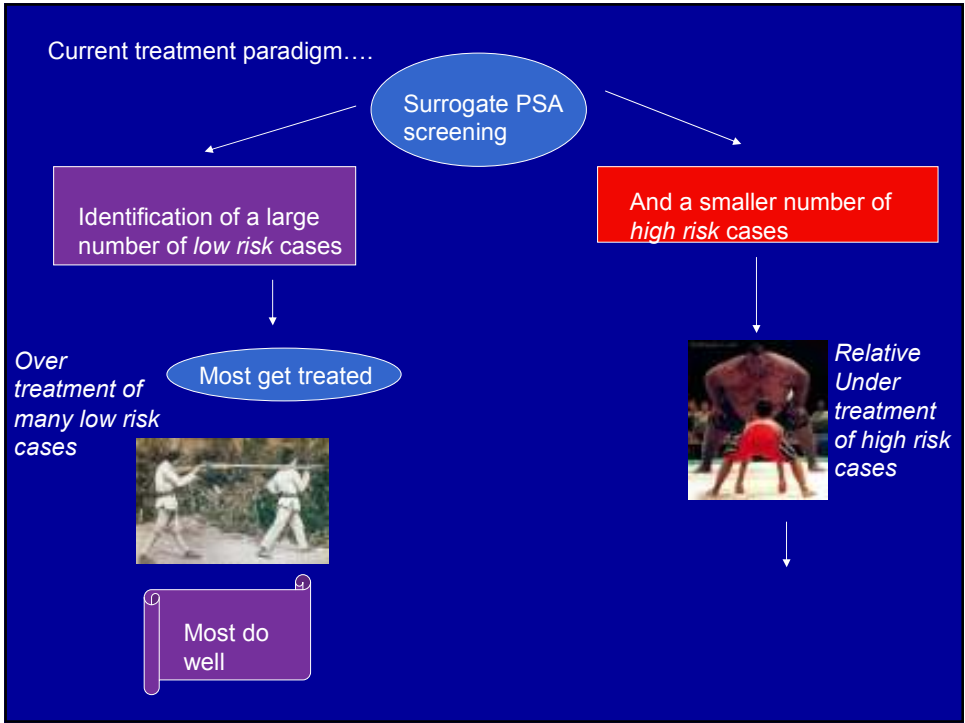
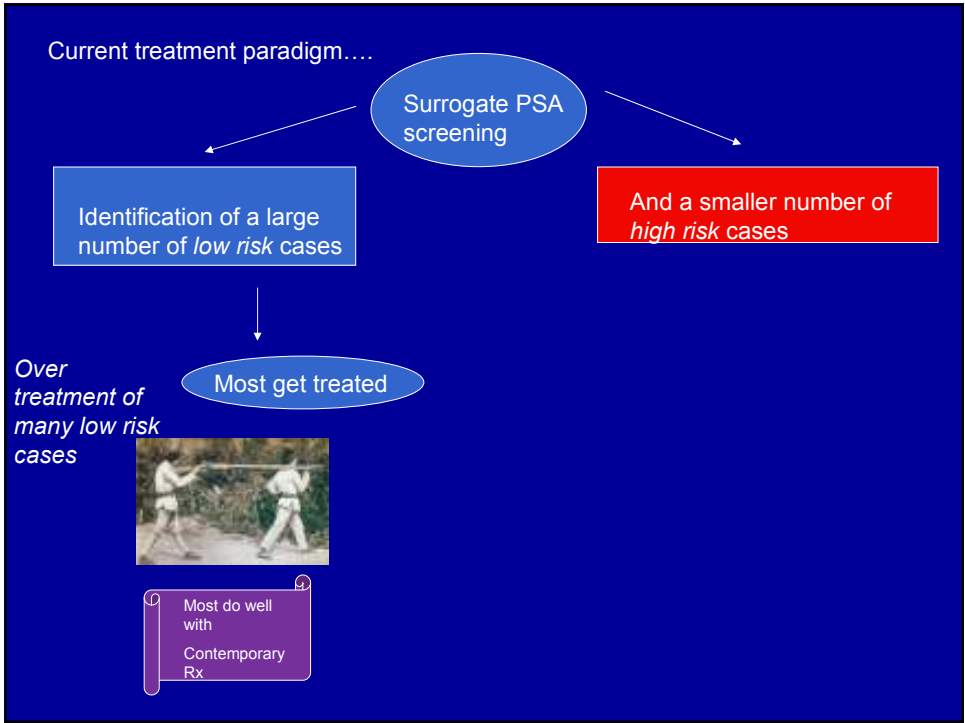
Current treatment paradigm....

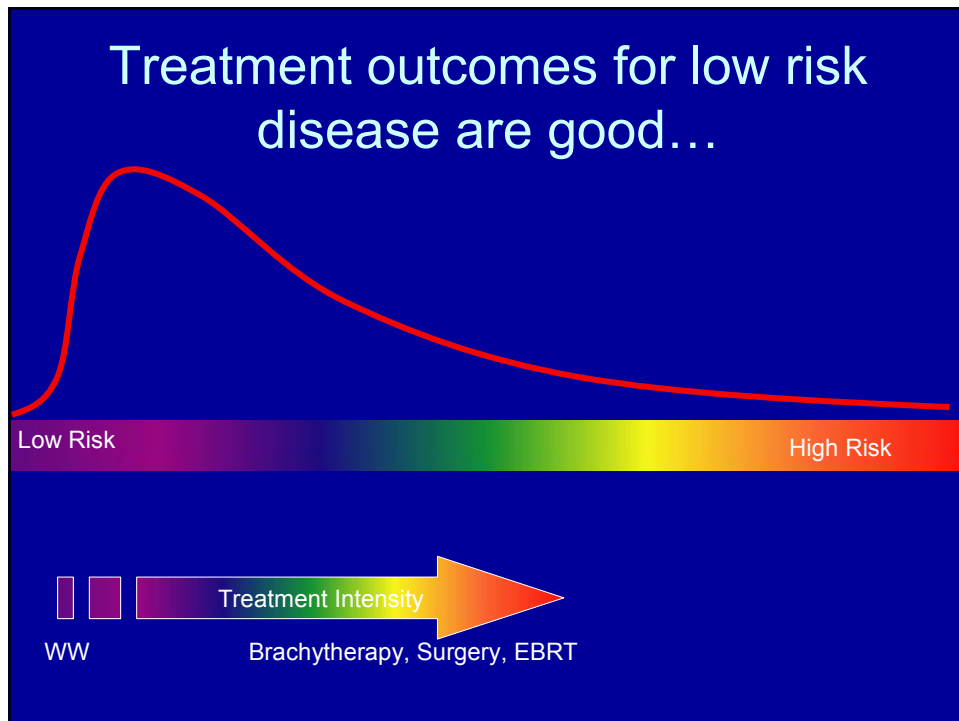
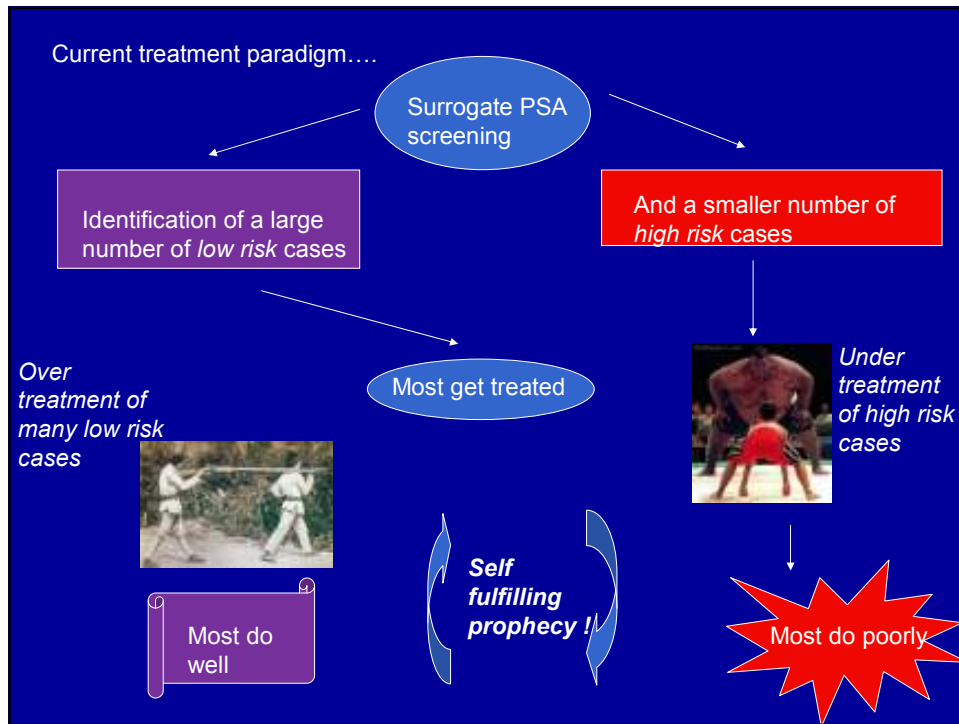
Surrogate PSA screening

Identification of a large number of *low risk* cases

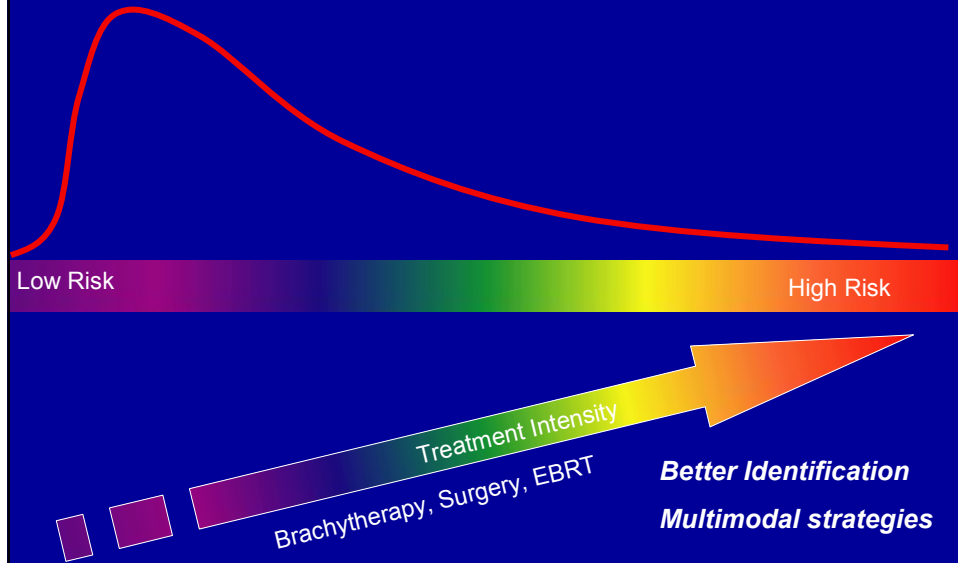
And a smaller number of *high risk* cases

Most get treated





But not so good for high risk disease..



Improving identification of high risk disease

Identifying Men at High-risk for Prostate Cancer *Death* Following Surgery or Radiation Therapy

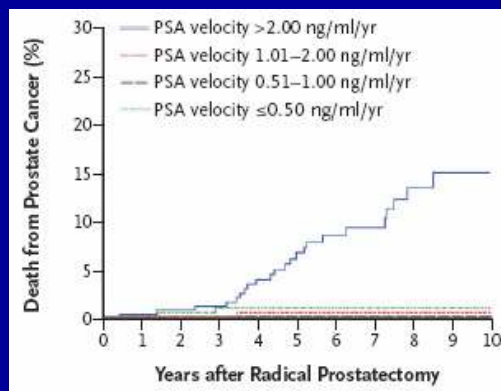
1453 men underwent RT or RP for T1c, T2 disease, Median FU of 4.5 years

Prostate Cancer Specific Mortality:

Pre-Op Variable	Analyzed	p-Value RP	p-Value RT
PSA velocity	>2.0 vs 2.0 or less	<0.001	<0.001
PSA	continuous	0.001	0.04
Biopsy Gleason score	8 or more vs 7 vs 6 or less	0.024 0.17	<0.0001 0.02
T-category	T2 vs T1c	<0.0001	0.07

Anthony D'Amico, JNCI: 2003; 95: 1376-83

PSA Velocity Predicts *P*-Stage, Recurrence & Death



PSA Velocity >2ng/mL significantly associated with:

LN metastases, high stage, high grade, shorter time to recurrence and death

Death rate from CaP of 9.2% within 7 years of RP

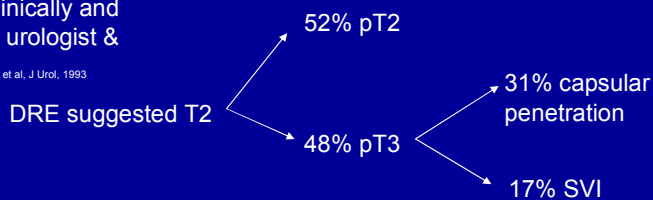
Recommend:

- Analyze PSA velocity in otherwise low-risk
- Consider men with PSA-velocity >2ng/ml as **high risk**
- Therefore NOT candidates for WW and possible candidates for clinical trial of systemic therapy plus RP

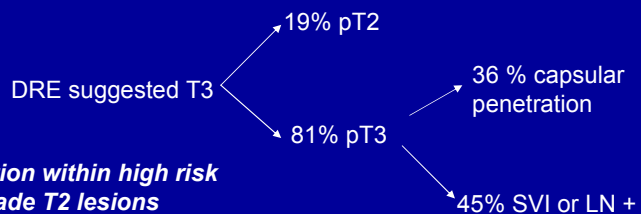
DRE- The least precisely assessed pre-operative determinant of disease risk

565 men assessed clinically and pathologically by one urologist & pathologist

Partin et al. J Urol. 1993

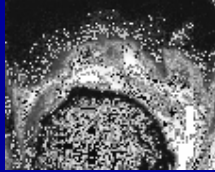


Poor accuracy!



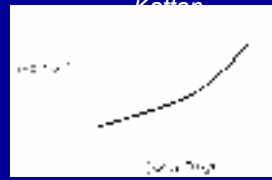
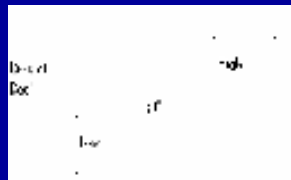
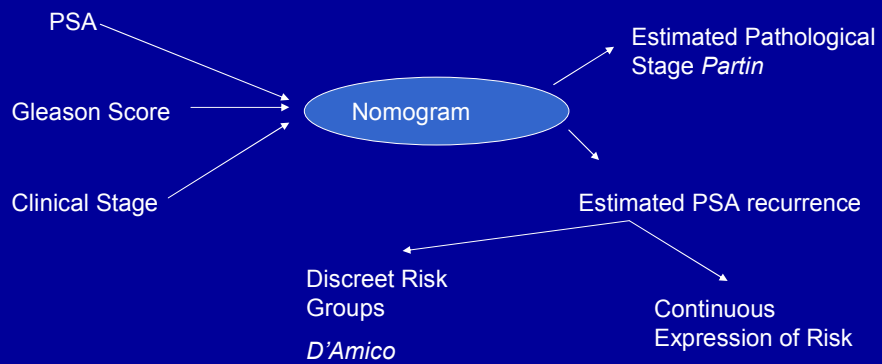
However: Stage migration within high risk group towards high grade T2 lesions

Endorectal MRI – *Improves Staging over DRE*



Not widely available

Nomograms – *Discreet or Continuous Expression of Risk*



Selecting the Appropriate Local Modality

?RP

?RT

?BT

Adequacy of local treatment affects PSA recurrence rate

Potential Advantages of Surgery for High Risk Disease

RP

RT + ADT

Whole Pelvic treatment
No surgical morbidity

- Excellent local control
- Pathological examination identifies those who may benefit from adjuvant RT or ADT
- Interpretation of PSA during follow up is simpler
- Complete prostate removal reduces the likelihood of delayed dissemination of radio-resistant cells
- Reduced toxicity of long term ADT

The Largest High Risk Surgical Series:

Radical prostatectomy for clinically advanced (cT3) prostate cancer since the advent of prostate-specific antigen testing: 15-year outcome

JOHN F. WARD, JEFFREY M. SLEZAK*, MICHAEL L. BLUTE†, ERIK J. BERGSTRALH* and HORST ZINCKE†

*Division of Urology, Naval Medical Center, Portsmouth, VA, *Division of Biostatistics, and †Department of Urology, Mayo Clinic, Rochester, MN, USA*

Accepted for publication 2 December 2004

Series accrued from 1987-1997

841 had RP for T3 disease

Median FU 10.3 years

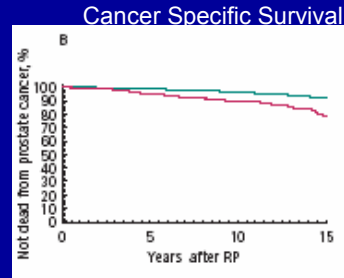
Variable	Median (25-75th percentile)	
	cT2	cT3
N	4810	841
Age at RP, years	66 (61-70)	66 (61-70)
Pre-op PSA, ng/mL	7.2 (4.4-11.9)	10.2 (4.7-23.7)
Clinical grade	6 (5-7)	7 (6-7)
Clinical grade ≥ 7 , %	31	54
Neoadjuvant therapy	5	23

Results

•27% were clinically over-staged; therefore monotherapy potentially curative!

- Positive surgical margins in 56%
- Positive LN in 27%

AT 15 yrs	T3	T2
<i>Freedom from clinical disease</i>	67%	?
<i>Freedom from biochemical disease</i>	38%	52%
<i>Cancer specific survival</i>	79%	92%
<i>Overall survival</i>	53%	61%



Several Factors Predicted for Recurrence:

TABLE 5 Multivariate analysis with hazard rates for clinical disease recurrence after RP in patients with cT3 prostate cancer (systemic or local disease)

Variable	Hazard ratio (95% CI)	P
Pathological grade ≥ 7	1.27 (1.03-1.56)	0.026
Pre-op PSA (doubling)	1.13 (0.96-1.34)	0.154
Ploidy (non-diploid)	1.85 (1.18-2.91)	0.008
Positive surgical margin	1.77 (1.12-2.79)	0.015
Seminal vesicle invasion	1.49 (0.92-2.43)	0.108

Function

Erectile No erectile function in 75%

Wide excision of both NVB's in 74%,

bilateral preservation 12%

unilateral preservation 14%

Continenace At one year: cT3 79% 'continent'
cT2 84% 'continent'

Complication rate similar between cT2 and cT3

VGH Series

High risk defined as:

PSA >20 or biopsy Gleason score >7 or clinical stage T3

152 men with a median age of 63 years (45.5-75.9)

36% PSA >20

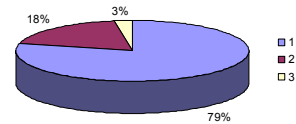
63% Gleason score >7

20% clinical stage T3

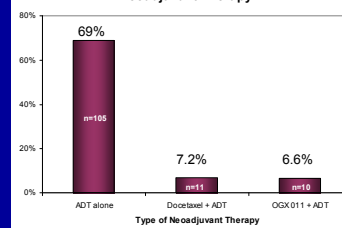
NHT: 83%

Median follow-up 3.3 yrs

Number of Pre-Operative Risk Factors

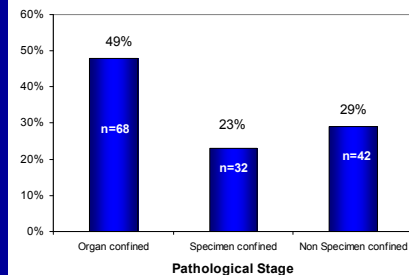


Neoadjuvant Therapy

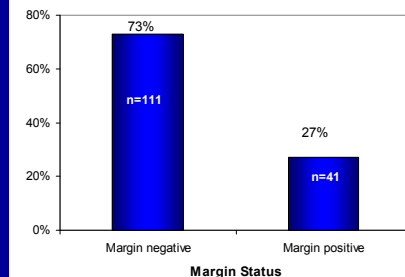


VGH Series- Surgical Pathology

Pathological Stage



Surgical Margins

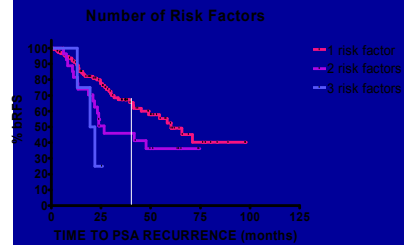
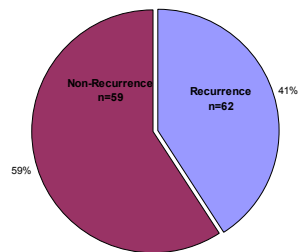


PSA Recurrence

The overall PSA recurrence rate was 41% (62)

PSA recurrence occurred a median of 21 months post surgery (immediately -9 years).

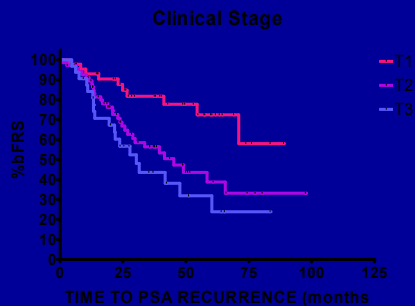
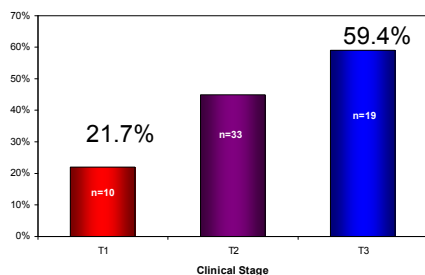
Overall PSA Recurrence Rate



The risk of PSA recurrence increased with clinical stage..

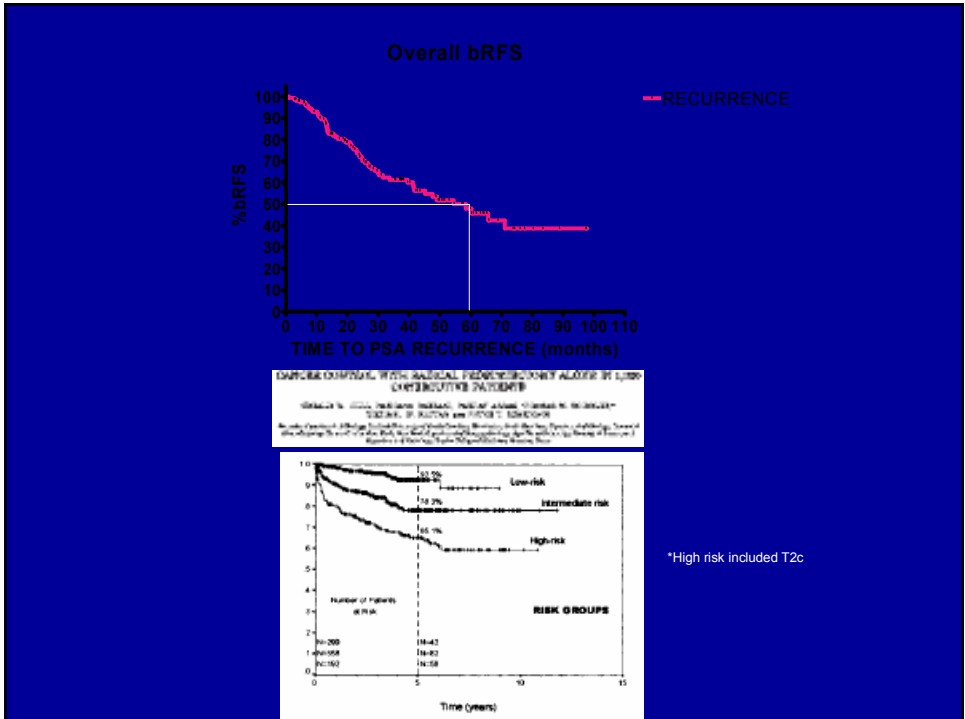
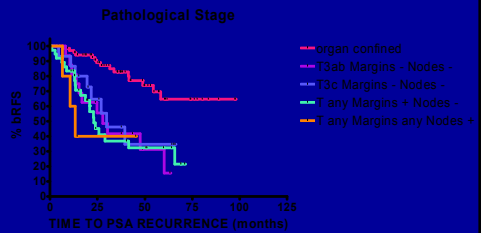
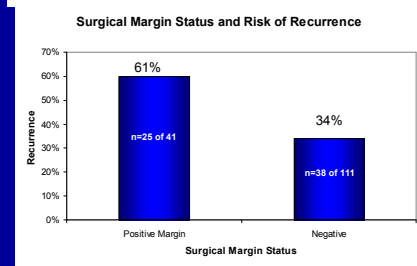
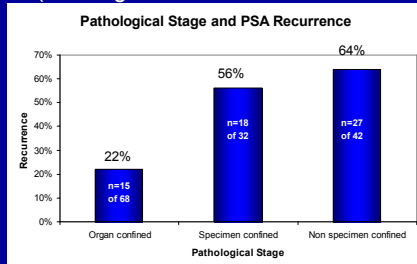
(21.7% T1 vs. 59.4% T3, P=0.008)

Clinical Stage and PSA Recurrence



The risk of PSA recurrence increased with pathological stage..

(22% organ confined vs. 60% non-organ confined, $P < .05$).



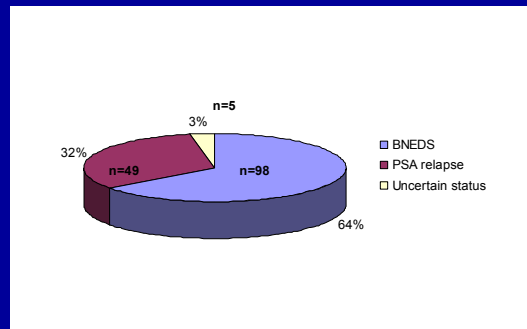
Salvage Radiotherapy

20 patients received salvage RT

6 have had a PSA relapse post RT

5 are unable to be assessed for recurrence due to castrate T levels

Accounting for salvage RT, 64% have no biochemical evidence of disease after median FU of 3.3 years



How can we improve Surgical Outcomes?

Pelvic LN Dissection?

Modification to Surgical Techniques?

Is PLND Therapeutic?

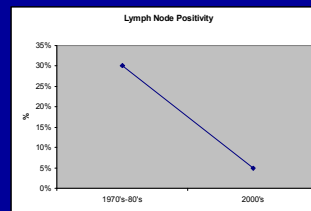
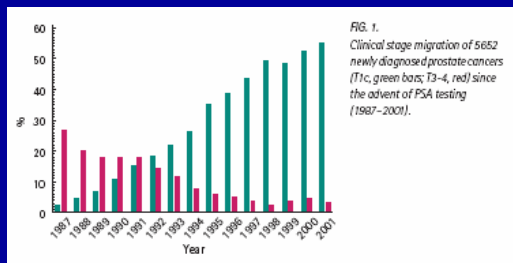
Yes, for some cancers...

Removal of LN metastases influences progression of penile, breast, colon cancers & melanoma

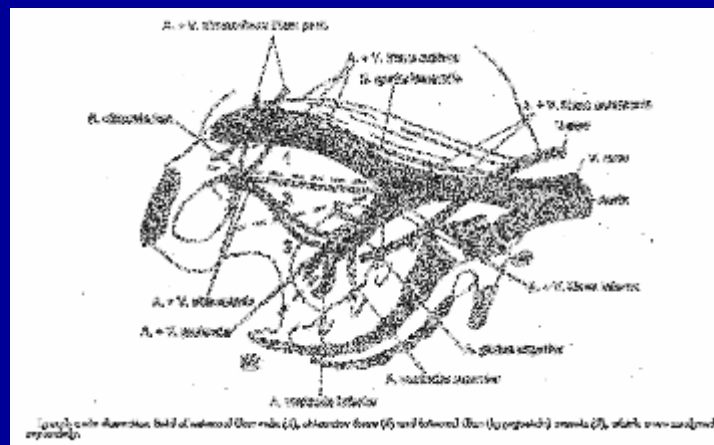
In prostate cancer PLND long considered a staging procedure only

Often omitted in low risk disease

Incidence of Lymph Node Metastasis is Falling



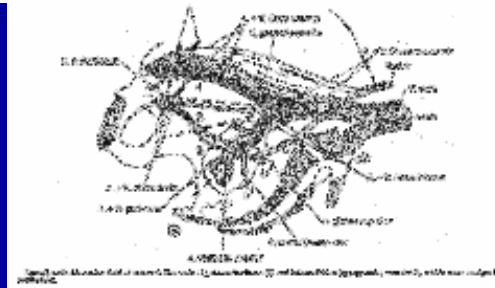
The standard PLND...



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 Vol. 568, 604-611, Original 2002
 Released to Public

**IS A LIMITED LYMPH NODE DISSECTION AN ADEQUATE STAGING
 TECHNIQUE FOR PROSTATE CANCER?**

RJA HADD, JOHN C. BOURGAIN, REGINA MARCHANDINI and JOHN M. GUSTON
 From the Department of Urology and Section of Pathology, University of Texas, Texas, Dallas, Texas, Dallas, Texas



365 patients 1989-99
 Median PSA 11.9ng/mL (0.4-172)
 Number of LN's removed (median) 21 (6-50)

24% (88) positive nodes

Not a typical North American series!

70% ≥pT3

Rate of positive nodes increased with extent of local disease:

TABLE 1. Pathological tumor stage (TNM 1997)

Tumor Stage	No. Pts. (%)	No. Pts. With Lymph Node Metastases (%)
pT1	6 (2)	0 (0)
pT2a/2b	204 (56)	26 (13)
pT3a	60 (16)	13 (22)
pT3b	91 (25)	47 (52)
pT4	4 (1)	2 (50)
Totals	365 (100)	88 (24)

Where were the positive nodes?

Table 1. Location of positive lymph nodes requiring lymphadenectomy in prostatectomy

Location	No. Positive Cases (%)	No. Dissected Cases (%)	No. Positive Cases (%)
Internal iliac nodes	11 (20%)	5 (9%)	7 (14%)
External iliac nodes	2 (4%)	16 (29%)	14 (28%)
Common iliac nodes	1 (2%)	13 (24%)	12 (24%)
Other locations	11 (20%)	13 (24%)	11 (22%)

* Electromagnetic probe detection.

Internal iliac node positive in 58% of those with positive nodes

Internal iliac nodes *alone* positive in 19%

2% rate of lymphoceles requiring Rx

Conclusion:

1. The rate of LN involvement is probably under-stated – the harder you look the more you find!
2. Omitting dissection along internal iliac vessels results in under-representative staging

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Original Articles

DISEASE PROGRESSION AND SURVIVAL OF PATIENTS WITH POSITIVE LYMPH NODES AFTER RADICAL PROSTATECTOMY. IS THERE A CHANCE OF CURE?

PIA BADER, IGONA G. BURKHARD, REGULA MARKWALDER AND DIRK H. STUIJER

From the Department of Urology and Institute of Pathology, University of Bonn, Bonn, Germany

88 patients with positive lymph nodes

Median FU 45 months

Time to PSA relapse and disease progression related to number of positive nodes

1 positive node(39): 39%(15) disease free

2 positive nodes(20): 10%(2) disease free

>2 positive nodes(29): 14%(4) disease free

Fig. 4. Follow-up after radical prostatectomy according to number of positive lymph nodes removed (1 or two or greater than 2 nodes).

A. Time to return PSA relapse.



Lower PSA relapse rate..

Cancer Specific Survival



Better cancer specific survival..

Summary

The rate of LN positivity is understated

and,

There may be a survival advantage to removal of micrometastatic disease

However,

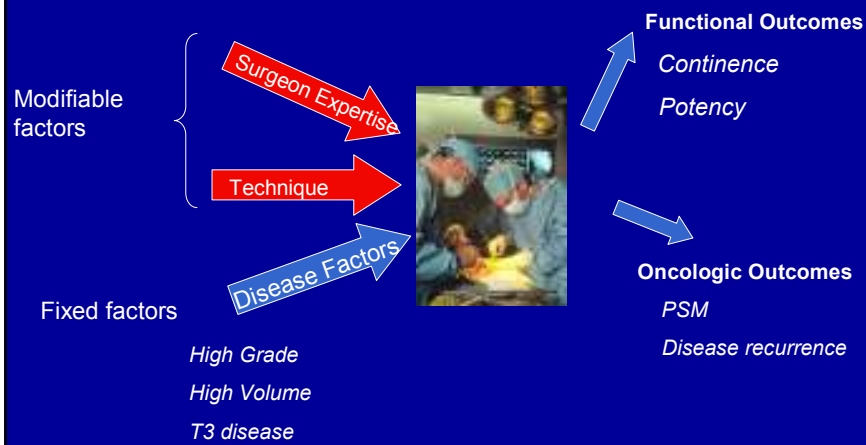
The effect of lead time bias cannot be discounted

Until this is answered,

Does high risk disease deserve an extended dissection?

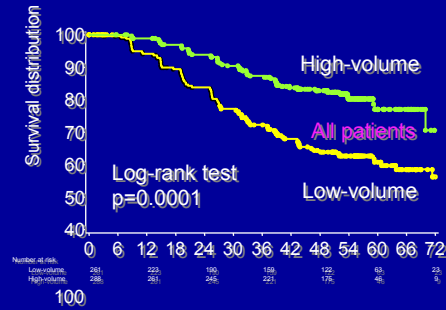
Modifications to Surgical Technique

Oncologic & Functional Outcomes Directly Related to three variables..



Volume and Oncologic Outcome..

Canada wide study of 3 vs 8 months of neoadjuvant hormonal ablation prior to RRP



No difference in baseline prognostic factors.

Technique

Aim to **avoid positive surgical margins** with acceptable functional morbidity

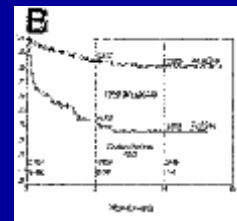
Because, PSM's matter:

10 year bNED rates:

Negative Surgical Margins 36%

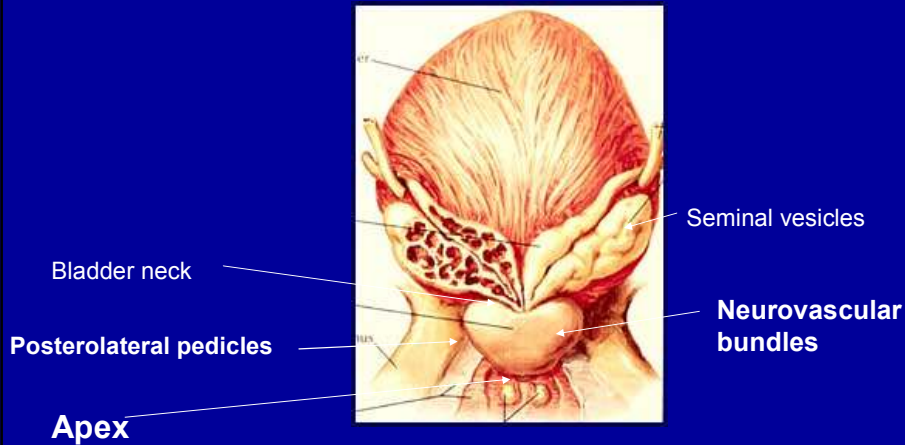
Positive Surgical Margins 81%

Fig. 5. Progression-free survival (PFS) according to surgical margin status.



PSM's in association with EC disease are associated with a worse prognosis than those resulting from incision of an organ confined cancer

Technique directed towards excision of *key tumour related anatomic points:*



Several Techniques Recommended to reduce PSM's

- Control of bleeding and maximal exposure to improve visualisation
- Division of 'prostatic pillars' that tether the apex
- Identify the most distal aspect of the prostate – 'beware of the notch'
- Sever recto-urethralis completely to enable entry of correct posterior plane

In high risk disease:

Wide resection of the neurovascular bundle

Complete seminal vesiculectomy beneficial?

Klein et al; 35% bNED @ 13 years for SV+, ECE-ve disease

Avoid a laparoscopic approach?

PSM for pT3 at MSK 17.2% (500cases)

PSM rates for pT3 disease of three large series: 31%

35-60% in smaller series

A low incidence of positive surgical margins in prostate cancer at high risk of extracapsular extension after a modified anterograde radical prostatectomy

S. SERRI, L. BARBI, A. LAPINI, S. WISPIRZ, G. CARRI
 Department of Urology and Prostate Cancer, University of Florence, Santa Maria Formosa Hospital, Florence, Italy
 J Urol 2014; 191: 1020-1024

Prospective study of 84 intermediate to high risk patients (No cT3's)

56% pT3

13% rate of PSM's

Steps:

1. Endopelvic fascia opened
2. DVC tied but not divided
3. Bladder neck divided
4. Vas deferens divided



FIG. 1.
 Exposure of the base of the prostate with opening of the circular fibres of the bladder neck.

5. Denonvilliers fascia opened and blunt creation of a plane anterior to the rectum to level of apex

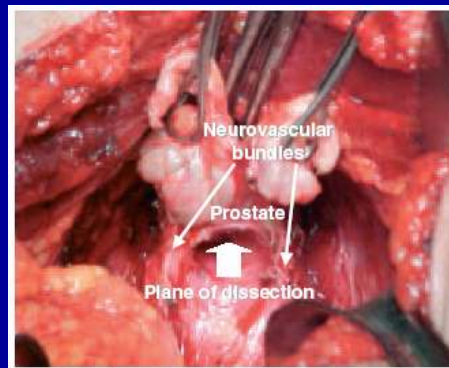


FIG. 2.
 Bluntly isolate of Denonvilliers fascia, releasing plane anterior to the prostate and posterior surface of the rectum. The plane of dissection is shown through the urethra and the urethral sphincter and the surrounding tissue is removed.

6. Division of neurovascular bundles and pedicles

7. DVC divided

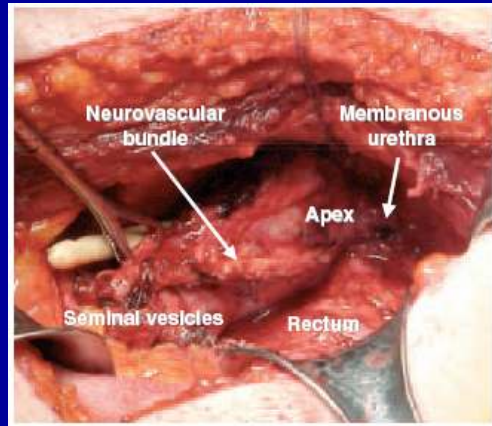


FIG. 3
The neurovascular bundle is divided and the membranous urethra is exposed. The apex of the prostate is also shown. The seminal vesicles and the rectum are also visible.

8. Inspection of apex and division of urethra

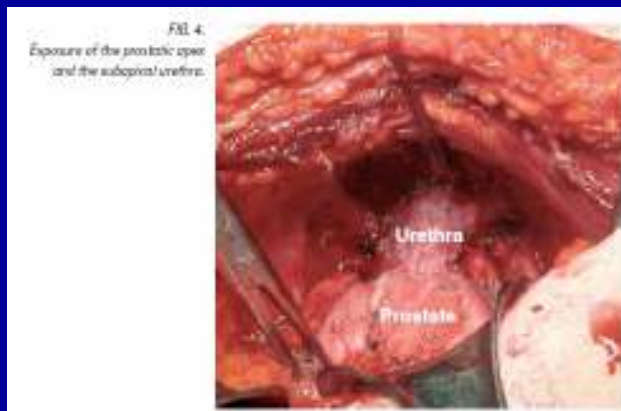
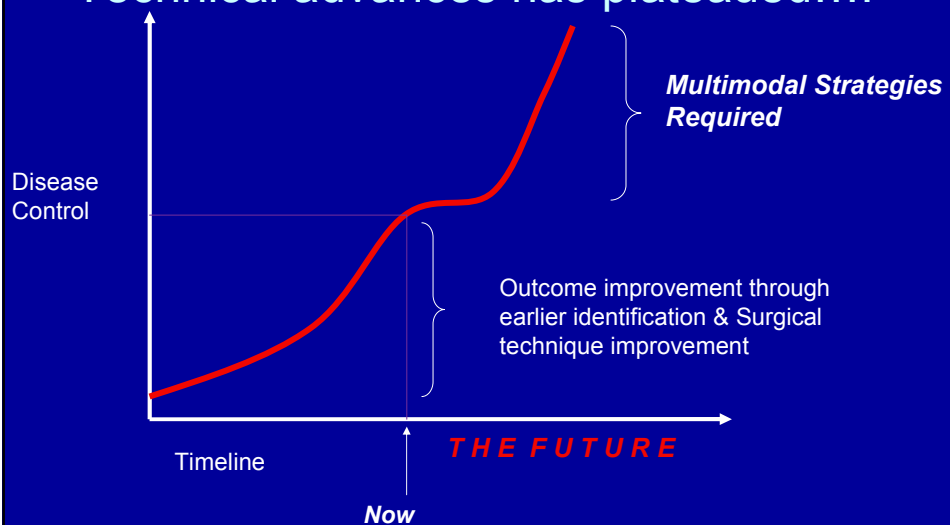


FIG. 4
Exposure of the prostatic apex and the subprostatic urethra.

Multimodal Approaches



Disease control from incremental Technical advances has plateaued....



Multimodal Approaches

Neoadjuvant Therapy



A Role for Neoadjuvant Hormonal Therapy?

Theoretical premise:



→ *'Androgens nourish the prostate'*

Animal studies:



→ *Survival benefit shown*

Clinical observations:



→ *Benefit in metastatic disease*



→ *Local tumour response on DRE:*



Does it work?

Studies of NHT

Early non-randomized studies of 3 months of NHT



Beneficial pathologic effects

Phase 3 randomized studies: 3 vs 0 months of NHT



PSM's decreased > 50%

TO determine optimum length of NHT:

Phase 2 trial of 8 months of NHT



Longer therapy associated with lower nadir and lower PSM's

Studies of NHT

Phase 3 Multi-centre study of 3 vs 8 months of NHT



PSM's reduced by 50% in 8 month group

No significant difference in PSA recurrence rates at 5 years

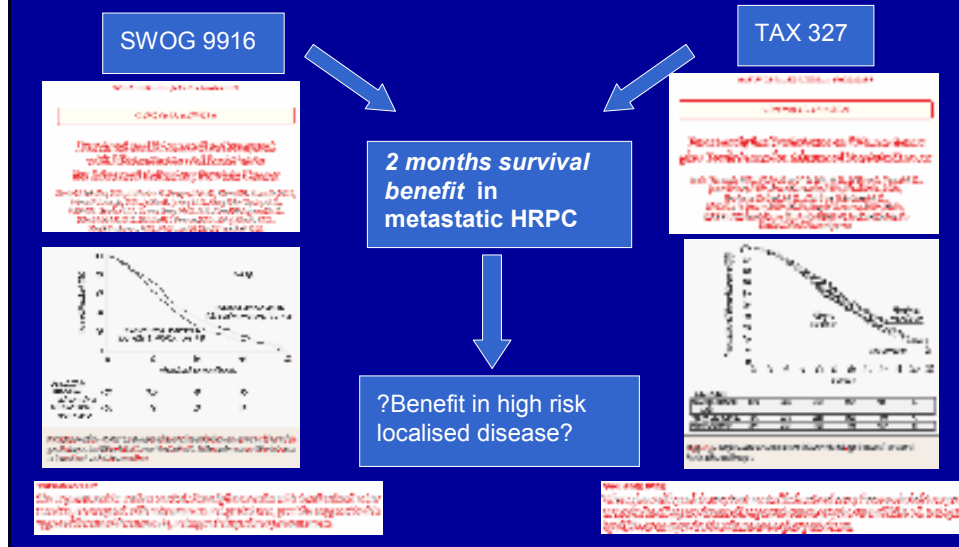


However,

Subgroup analysis:

Benefit in PSA recurrence seen in intermediate risk patients operated on at large institutions

Neoadjuvant Chemotherapy ..?



Phase 2 Trials: assess *Safety and Feasibility*

Several Phase 2 trials of neoadjuvant chemo-hormonal therapy prior to RP

Largest trial run out of VGH/BCCA:

72 high risk patients, weekly docetaxel plus ADT over 24 weeks

Results Summary:

Primary endpoints

Well tolerated

Estramustine based regimens increased toxicity

Oncologic Efficacy

Biochemical Response

24-80% decline in PSA with **chemo alone**

Supports anti-tumour activity of chemo without confounding influence of androgen withdrawal

Pathologic Response

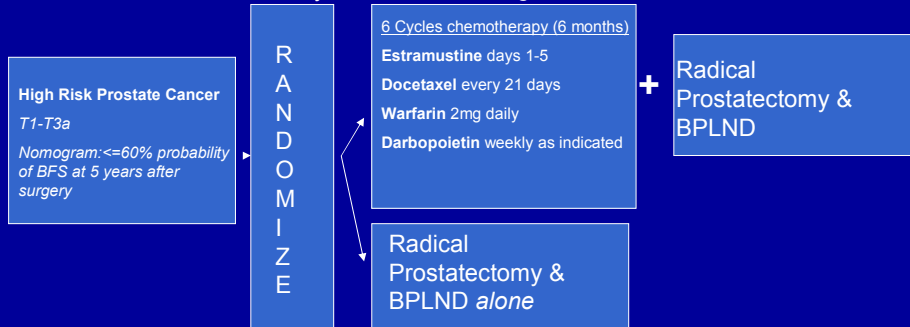
Marked tumour regression in some

P0 response in few patients

Phase 3 Neoadjuvant Surgical Trial - *Efficacy*

Cancer and Leukaemia Group B (CALGB) Trial 90203

750 men enrolled over 2 years – *still accruing*



Patients observed for 84 months after study closure

Primary Endpoint: 5 year PSA recurrence rates

Multimodal Approaches

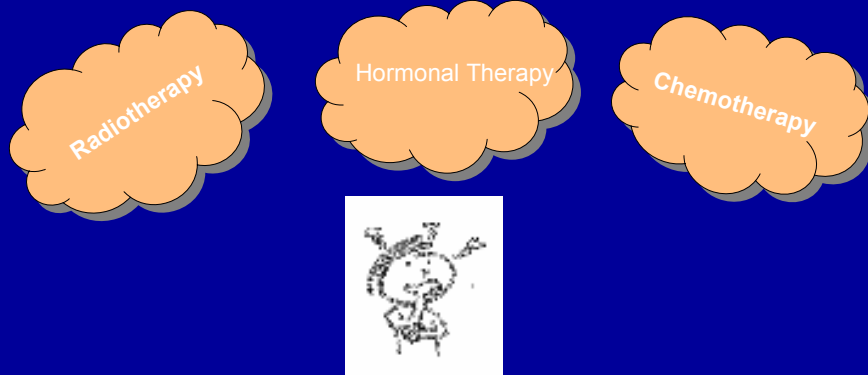


Adjuvant Therapy

Timeline

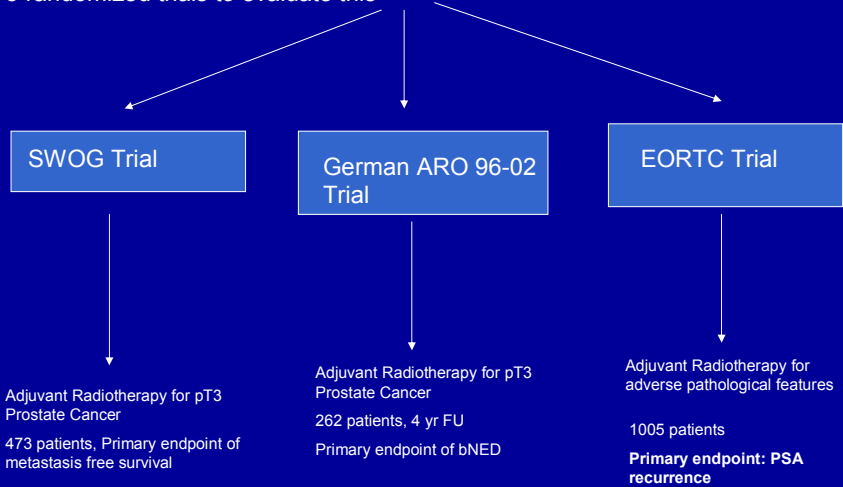
Adjuvant Therapy ✓

- ✓ Confines morbidity of therapy to patients at high risk of relapse based on the most accurate measurement of risk that we have – ***pathological assessment of a surgical specimen***
- ✗ Delayed start of systemic therapy if micrometastatic disease present



Adjuvant Radiotherapy

3 randomized trials to evaluate this



SWOG Adjuvant Radiotherapy for pT3 Prostate Cancer. Results of a Randomized, Prospective Clinical Trial

BRFS 60% at 5 years & 49% at 10 years in radiotherapy arm
38% at 5 years & 23% at 10 years in observation arm

HR =.52 (P<0.001)

Survival No difference at 5 years
Trend to better survival in radiotherapy arm at 10 years (74% v.
65%, P=.2)

Time to Hormonal Treatment delayed in radiotherapy arm

Summary Adjuvant EBRT

Risk of PSA recurrence reduced by 21%-26% at 5 & 10 years if poor prognostic factors present

Delays time to hormonal therapy in men who fail adjuvant RT

Well tolerated

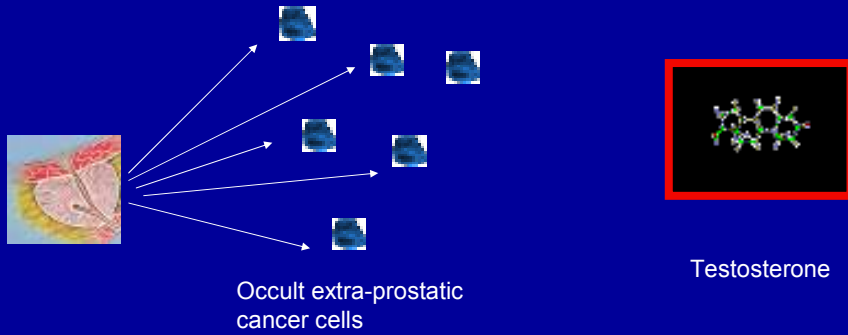
Consider if adverse pathology with positive margin

But

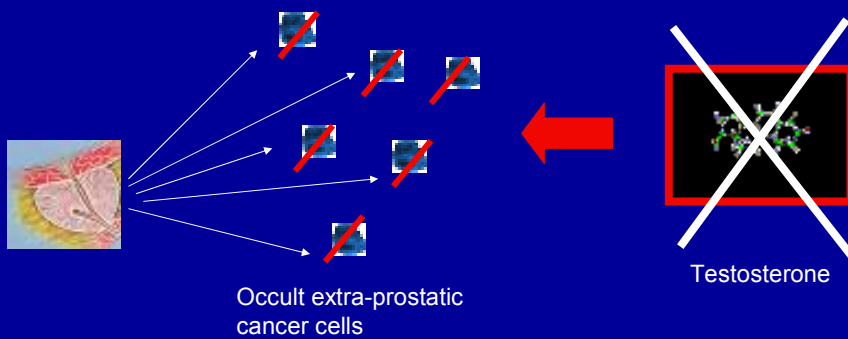
No survival advantage apparent yet

Is it superior to salvage for those who recur?

Adjuvant Hormonal Therapy

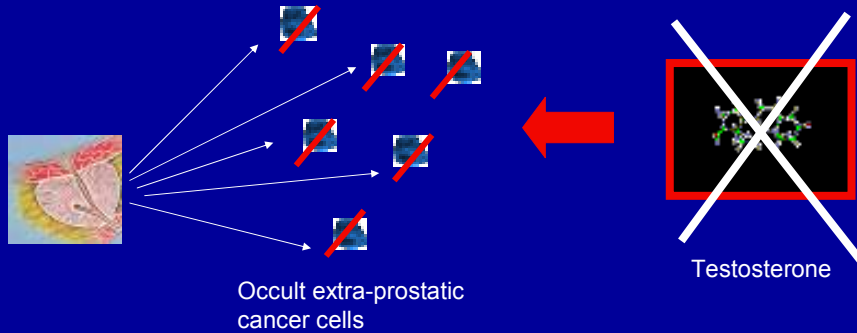


Adjuvant Hormonal Therapy *The Premise*



Adjuvant Hormonal Therapy

The Premise

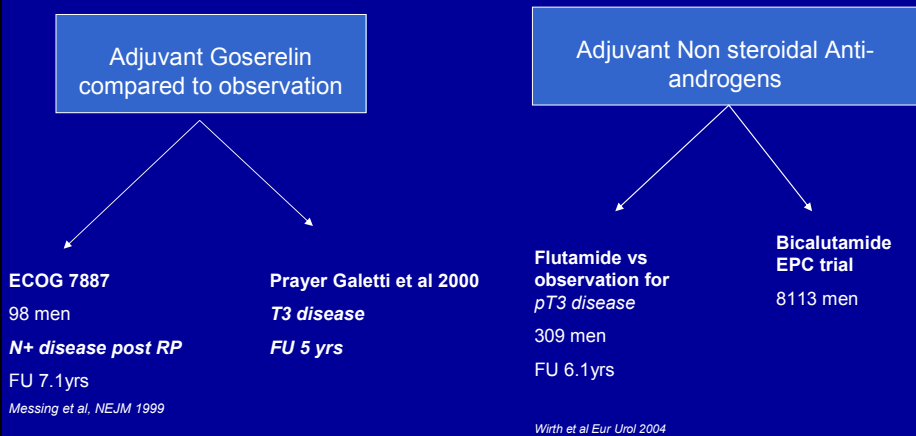


Supported by trials of adjuvant tamoxifen in breast cancer:
reduced recurrence and mortality

And by adjuvant androgen ablation following RT in prostate cancer

Adjuvant Hormonal Therapy

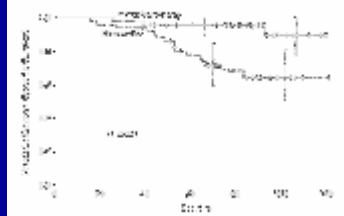
post RP – 4 trials



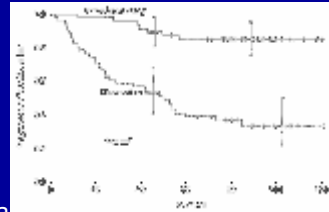
ECOG 7887: Adjuvant LHRHa Improves Survival

Wang H, et al. J Clin Oncol. 2012;30(15):1811-1818. doi:10.1200/JCO.2011.38.2000

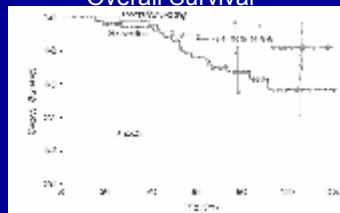
Prostate Cancer Specific Survival



Progression Free Survival

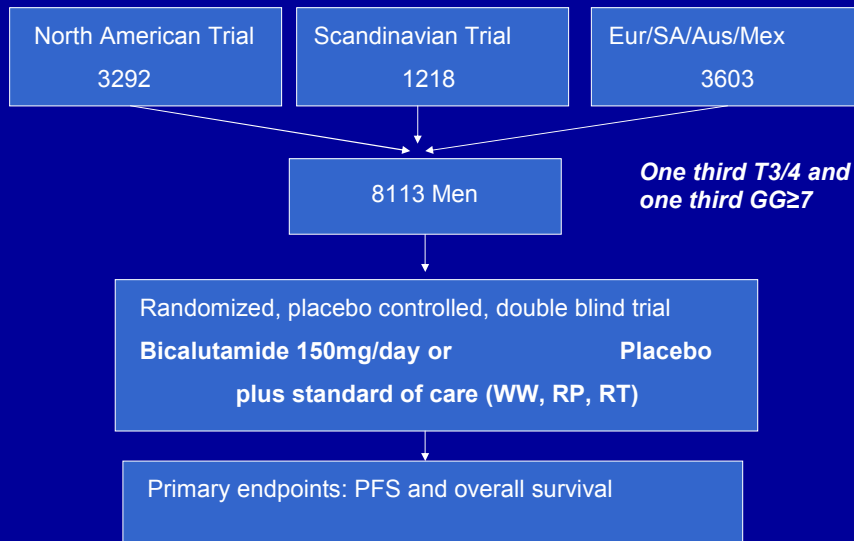


Overall Survival



Immediate adjuvant hormonal therapy improves survival in node positive disease

EPC- Efficacy of Bicalutamide 150mg for localised or locally advanced CaP. Largest trial of hormonal therapy



EPC Trial

7.4 year follow-up BJU 2005

In localized disease →

No Benefit !

PFS No benefit

Trend towards **decreased survival in WW group (HR 1.16, P=.07)**

In locally advanced disease

PFS improved for all groups: WW, RT (HR .56) & RP(HR .75)

Overall survival

improved in **RT** group (HR 0.65)

Trend to improved overall survival in **WW** group (HR 0.85)

No survival difference in prostatectomy subgroup

Adjuvant Hormonal Therapy post RP – 4 trials -? Clinical Utility

Adjuvant Goserelin
compared to observation

Adjuvant Non steroidal Anti-
androgens

ECOG 7887

98 men

N+ disease post RP

FU 7.1yrs

Survival benefit shown

(65% vs 85%)

Messing et al, NEJM 1999

Prayer Galetti et al 2000

T3 disease

FU 5 yrs

25.4% improvement in DFS

Flutamide vs observation for pT3 disease

309 men

FU 6.1yrs

No survival benefit

Wirth et al Eur Urol 2004

Bicalutamide EPC trial

8113 men

**PFS improved
No survival benefit**

Adjuvant Chemotherapy

2 small randomized trials of adjuvant Non-docetaxel chemotherapy for high risk disease

National Prostate Cancer Group (Schmidt et al 1993)

184 patients
 Cyclophosphamide × 2yrs v
 EMP × 2 yrs v
 Observation

Improvement in RFS in EMP group

No Survival difference ?Power

Hammersmith Hospital (Wang et al 2000)

96 patients, advanced CaP (no mets in 38)

LHRH + Mitoxantrone vs LHRH alone

Survival advantage shown(80months vs 36 months)

3 Planned/Ongoing Phase 3 Trials of Adjuvant Chemotherapy for High Risk Disease

NCI/SWOG

CAB × 2yrs v.
Mitoxantrone + Pred
 + CAB × 2 yrs

1360 patients

Powered to test for overall survival

Sanofi-Aventis

Observation v.
 LHRH v.
 LHRH + **Docetaxel**

2171 patients

Endpoint is PFS

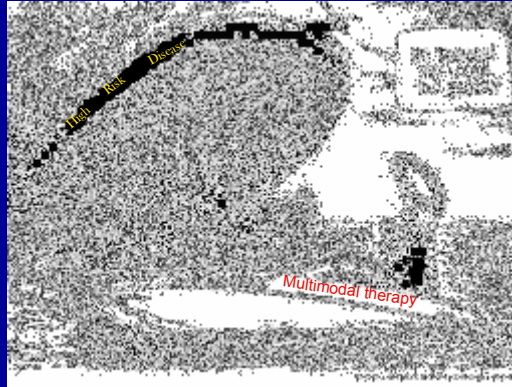
Dept Vet Affairs

Observation v.
Docetaxel + Pred

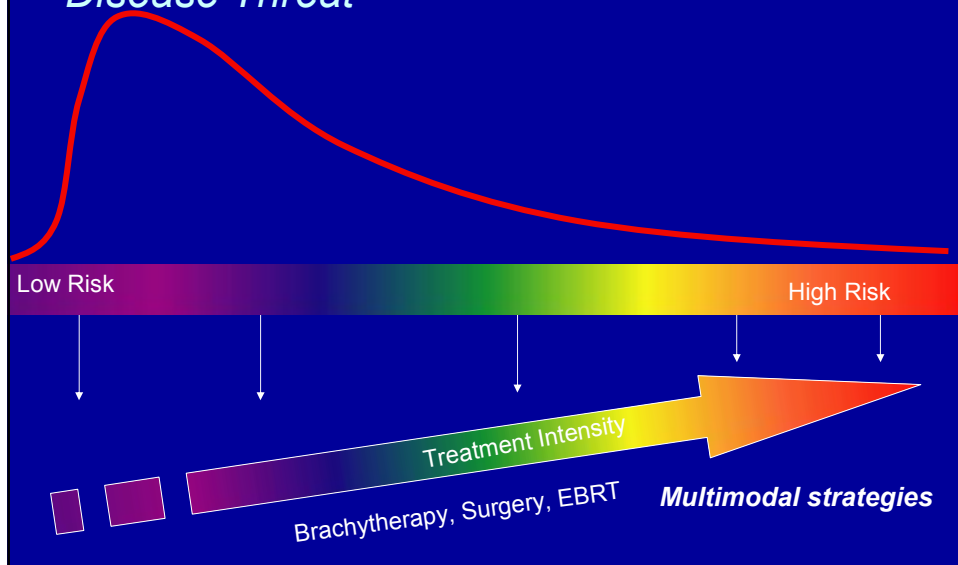
636 patients

Endpoint is PFS @ 5 yrs

The Future – *Matching disease threat to treatment intensity*



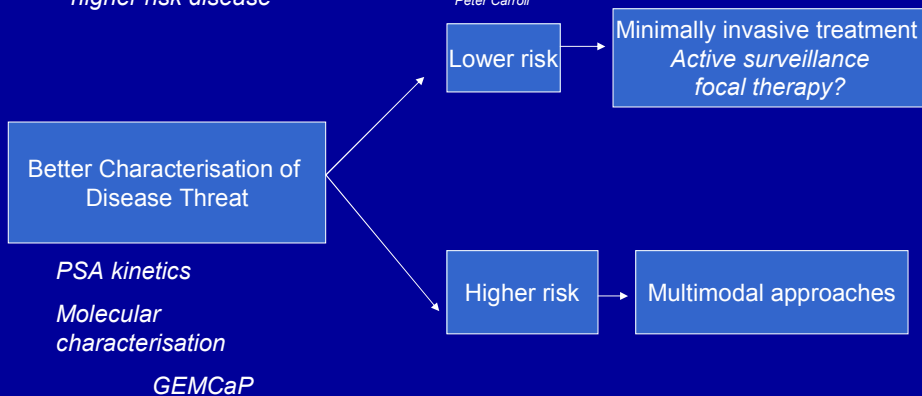
Then we need,
to *better match Treatment Intensity to Disease Threat*



The Future – Matching disease threat to treatment intensity

'The battle for prostate cancer will be won & lost in the treatment of higher risk disease'

Peter Carroll



High Risk Disease -The Future

Phase 3 Neoadjuvant Chemo Studies
CALGB 90203

Technical refinements
laparoscopy

3 Phase 3 Adjuvant Chemotherapy trials

Neoadjuvant Systemic Treatment Strategies

Radical Prostatectomy

Adjuvant Therapies
Chemo
Hormonal
Radiotherapy

Novel therapeutic approaches:
OGX 011

Better Definition of the Efficacy & Role of Multimodal therapies